

Nunavut

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Income Assistance (IA)

Helps meet basic needs disability, illness, low-income or periods of unemployment.

Eligibility:

- Any person 18 years of age and older in financial need living in Nunavut may apply for Income Assistance.
- You will be required to have a monthly financial assessment completed with an Income Assistance Worker.
- You will be required to develop a Productive Choice with your Income Assistance Worker to become more self-sufficient. Productive Choices may include upgrading of your schooling, training, parenting under certain circumstances, employment, community work, harvesting and/or individual mental health or alcohol and drug counseling. (Individuals who have a disability or are over the age of 60 are exempt from engaging in a productive choice).

How: Contact your community Income Assistance Worker to set up an appointment.

For assistance call Family Services Regional Office:

Qikiqtani: 867-473-2600 1-800-567-1514

Kivalliq: 867-645-5040 1-800-953-8516

Kitikmeot: 867-983-4032 1-800-661-0845

Incidental Allowances

Income Assistance clients may receive the Incidental Allowance of \$175 per month in addition to other benefits, provided they meet the conditions set out in this document.

Eligibility:

- Assistance recipients must be placed in the Community Living Assistance category and be disabled (with documentation) or have reached their 60th birthday.
- To receive the Disabled Incidental Allowance, the client must be considered disabled from a medical point of view. A physician (or Registered Nurse in communities without a physician) must complete a Certificate of Disability form and the client must submit it to an Income Assistance Worker (IAW). The purpose of the Incidental Allowance is to help the client maintain their quality of life.
- For the Aged Incidental Allowance, the client must have reached their 60th birthday.

HOW: When the client identifies themselves as disabled, the IAW will ask the client to have their health professional complete the Certificate of Disability form. This form can then be placed in the client's file and when the client is placed in the Community Living Assistance category, the client becomes eligible for the Incidental Allowance benefit.

SENIORS

Senior Citizen Supplementary Benefit (SCSB) - monthly payment of \$300.00 made to low-income seniors in Nunavut.

Eligibility: must be 60 years of age or older and are receiving the Guaranteed Income Supplement (GIS) or the Spouse's Allowance from the federal government are eligible.

HOW: You must apply for the federal Guaranteed Income Supplement (GIS) or Spouse Allowance. Each year following, to continue receiving the GIS supplement, you must complete your annual income tax return.

If you need help reaching Service Canada, contact your support worker or government liaison officer.

Senior Fuel Subsidy (SFS)

The Senior Fuel Subsidy is a program that helps to offset the high cost of heating fuel for seniors who own and live in their homes. Eligible homeowners are reimbursed for the cost of heating

fuel, up to 3,500 litres. An income assessment is done to establish whether the net income of the applicant or applicants is within the program limits.



- Homeowner(s) with a total net income up to and including \$75,000 may be eligible for a 100% fuel subsidy.
- Homeowner(s) with a total net income greater than \$75,000 and less than or equal to \$100,000 may be eligible for a 50% fuel subsidy.
- Homeowner(s) with a total net income greater than \$100,000 are not eligible for the fuel subsidy.

Eligibility

- Permanently reside in Nunavut
- Be 60 years of age or older
- Own and live in the home for which the subsidy is being requested*
- Meet the allowable established income threshold
- NOT be in receipt of social assistance

HOW: Your local Income Assistance Worker will assist you in the application process.

The following documents will be required to complete the assessment:

-  [sfs_application.pdf](#)
-  [sfs_statement_and_authorization.pdf](#)
- Birth Certificate and Social Insurance Number for all individuals named on the home ownership documents;
- Proof of home ownership (title, deed or mortgage documents);
- Income Tax Notice of Assessment from the previous year for all individuals named on the home ownership documents

Contact Information

For help and information, contact your Income Assistance Regional Office:

- Kivalliq (Rankin Inlet): 867-645-5040 extension 1604 or 1-800-953-8516
- Qikiqtani (Panniqtuq): 867-473-2615; 867-473-8800 or 1-800-567-1514
- Kitikmeot (Cambridge Bay): 867-983-4082 or 1-800-661-0845

CHILDREN

Nunavut Child Benefit (NUCB) - provides low-income families with monthly payments to assist with the cost of raising children.

Eligible participants receive up to \$275 per year for the first child and \$75 for the second child.

Eligibility:

- your family must have earned income of at least \$3,750 in the previous year.
- The Nunavut Child Benefit is a cash benefit paid to families with a net income of \$20,921 or less. These families receive \$330 per year for each eligible child under the age of 18 living at home.

Territorial Worker's Supplement (TWS) is an additional cash benefit paid to working families with children under the age of 18 living at home.

HOW: In order to determine whether you qualify for these benefits administered under the Canada Child Tax Benefit program, you must file your yearly tax returns.

Daycare Subsidy (DS) - available to provide financial support to low-income families who reside in Nunavut to help make child care more affordable while they pursue education or training opportunities outside the home.

Eligibility:

- Applicants must reside in Nunavut
- 18 years of age or older with a child(ren) under the age of 12.
- Those applying for the subsidy must be employed or enrolled in a training and/or education program.

HOW:

- Your community Income Assistance Worker can provide you with a Daycare Subsidy application form.
- This subsidy is available to cover licensed and unlicensed child care options that pass the standard assessment.
- For more information, call your Income Assistance Regional Office:
- Qikiqtani: 1-800-567-1514 (867) 473-2615
- Kivalliq: 1-800-953-8516 (867) 645-5040
- Kitikmeot: 1-800-661-0845 (867) 983-4032

For help applying for social assistance contact your community Income Assistance Worker.

Young Parents Stay Learning - a daycare subsidy program to help young parents with the cost of childcare while the parent attends school. Any student of an elementary, middle, or high school (or students under 18 attending a post-secondary program) in Nunavut who have children of their own.

Eligibility:

- Not receiving the day care user subsidy funded by the Department of Education
- You must be the parent or legal guardian of a child or children who need care

- Enrolled in a full-time program of study for middle or high school within Nunavut or under the age of 18 years of age and enrolled in a full-time post-secondary program of study within Nunavut
- Student prepared letter of why this subsidy is important to them
- Application form signed by a school counselor or principal.
- Sign an agreement to attend full-time and to commit to progressing in studies
- Not receiving funding from a Regional Inuit Organization.
- Space available at a licensed childcare facility or with a private unlicensed caregiver (only with approval from the Department when licensed childcare is not available)
- Evidence of satisfactory attendance
- Evidence of satisfactory progress

HOW: To apply, the student must complete the application form.

HEALTH

Health Care Card

To register for the Nunavut Health Care Plan, you must fill out an Application for Nunavut Health Care Coverage form.

Application forms are available at all community health centres and nursing stations in Nunavut, the Qikiqtani General Hospital in Iqaluit, and at the Health Insurance Programs Office in Rankin Inlet.

New to Nunavut

Steps:

1. Print and fill out your application
2. Provide two clear copies of identification (birth certificate or valid passport or valid immigration documents (mandatory) plus one secondary document, previous healthcare card, employment ID, valid drivers license – for further information please contact nhip@gov.nu.ca or 1-800-661-0833.
3. Proof of residency document that confirms your intention to make NU your main place of residence for over 12 months and that you are not a temporary or rotational worker – letter from employer, job contract indicating term – for further information please contact nhip@gov.nu.ca or 1-800-661-0833.
4. Email your form along with clear copies of all necessary documents to nhip@gov.nu.ca or mail your form along with the necessary documents to the address listed below this chart.

Newborn Baby - Health Insurance Card

The health card will provide insurance under the The Nunavut Health Care Plan. This covers physician services as well as the cost of certain hospital services provided while in the hospital or receiving services on an outpatient basis.

Steps:

1. Download the Application form for newborn babies.
2. Print and fill out your application (see back of application)
3. Mail your form to the address listed below this chart

Mail or email completed forms to the following address:

Nunavut Health Insurance Programs Office
Department of Health
Box 889
Rankin Inlet, NU
X0C 0G0

Phone: (867) 645-8001
Fax: (867) 645-8092
Toll Free: (800) 661-0833

The Nunavut Health Insurance Programs Office will let you know if you are eligible for NHCP.

Health Insurance - Extended Health Benefits

The Department of Health offers Extended Health Benefits (EHB) to support the health and well-being of Nunavut residents who need additional health care services not covered by the Nunavut Health Care Plan.

The EHB is also offered to those not covered or fully covered by their third-party insurance like Health Canada's Non-Insured Health Benefits (NIHB), or employer-provided health plans.

EHB is made available for Nunavut residents with a valid Nunavut Health Care Card who are:

- § non-indigenous residents with one of specified conditions
- § non-indigenous residents who are Seniors, age 65 and older
- § all residents who have exhausted their third-party insurance or have no medical travel benefits

Extended Health Benefits (EHB) are made available to non-indigenous residents of Nunavut with one of these following Specified Conditions:

- Alzheimer's Disease
- Asthma

- Cancer
- Cerebral Palsy
- Certain Disorders of Blood & Immune System
- Chronic Obstructive Lung Disease
- Chronic Psychosis
- Cleft Lip / Palate
- Congenital Anomalies & Chronic Disease of the Urinary System
- Congenital Cytomegalovirus Infection
- Congenital Heart Disease
- Crohn's Disease
- Cystic Fibrosis
- Dermatomyositis
- Diabetes Insipidus
- Diabetes Mellitus
- Head Injury
- HIV Infection
- All other HIV Related Diseases
- Hypertension (Subject to certain BP levels)
- Ischemic Heart Disease
- Lupus Erythematosus
- Multiple Sclerosis
- Muscular Dystrophy
- Psoriasis
- Rheumatic Fever
- Rheumatoid Arthritis
- Scleroderma
- Scoliosis
- Spina Bifida
- Spinal Cord Injury
- Tuberculosis
- Ulcerative Colitis
- Wegeners Granulomatosis
- Special Approval Case – Prior Approval Required

Conditions eligible for drug benefits only:

- Celiac Disease
- Epilepsy
- Osteoarthritis
- Pernicious Anemia
- Phenylketonuria
- Rickets

Conditions with restricted benefits: Alcohol Dependency and Drug Dependency

Persons are not eligible for Extended Health Benefits (EHB) coverage when any of the following conditions apply:

- choose not to participate in the third-party plan as a whole
- choose not to participate in that category of benefits under the third-party plan
- are already insured by a third-party plan that offers these benefits

HOW: Contact our EHB team for more information:

Nunavut Health Insurance Programs Office
Department of Health
Box 889
Rankin Inlet, NU
X0C 0G0

ph: (867) 645-8029 | email: ehb@gov.nu.ca | toll-free: (800) 661-0833

Rehabilitation

Rehabilitation services are an important part of health care in Nunavut. Rehabilitation can help people regain or improve their ability to live, work and function independently in their communities. It helps people lead healthy, fulfilling lives. Rehabilitation services are based out of Iqaluit and Rankin Inlet, and the Kitikmeot region receives visits from a rehabilitation team from Yellowknife. Community Therapy Assistants offer specific rehabilitation services to Nunavummiut in Cape Dorset, Igloolik, Pangnirtung and Rankin Inlet.

HOW: The Department of Health provides the following rehabilitation services free of charge to all Nunavut residents with a Nunavut Health Care Card

- **Physiotherapy** - Physiotherapy helps people develop or regain mobility through physical means. Physiotherapists treat people of all ages with a variety of physical conditions. These conditions include: injuries to bones, joints and muscles, problems with balance or coordination, long-term disease, and developmental delay.
- **Occupational Therapy**- Occupational therapy helps people take part in all life's activities. Occupational therapists help people who are having trouble doing certain activities due to an injury, illness, long-term condition, aging, a mental health condition, or a developmental condition.
- **Speech-Language Pathology** - Speech-Language Pathologists help improve communication difficulties. Communication includes reading, writing, singing, speaking, sign language and using computers to understand or speak to others. They also help people with eating and swallowing difficulties.

- Audiology - Audiologists assess, treat and prevent hearing loss or disorders. Audiologists work with people who have hearing loss from birth, illness, exposure to loud noise over a long period of time, or from having many ear infections.
- Community Therapy Assistants - Community Therapy Assistants are an important part of the rehabilitation team in Nunavut. They help to carry out treatment programs planned by rehabilitation professionals. They work out of their community's health centre.

HOW:

- You do not need a referral from a doctor or nurse to get rehabilitation services. You can call the rehabilitation office to set up an appointment.
- If you live in the Baffin Region, call Timimut Ikajuqsivik at (867) 975-8600 x 7400.
- If you live in the Kivalliq Region, call the Wellness Centre at (867) 645-8077.
- If you live in the Kitikmeot Region, call the Kitikmeot Health Centre at (867) 983-4500.